

Annual
Report
2024-25

MOVING TOWARDS **A HOPEFUL FUTURE**

 www.kwsindia.org





"IT'S NOT A DISABILITY, IT IS A DIFFERENT ABILITY"

99

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Mr. Rakesh Jinsi
President, Khushboo

"EVERY YEAR IS A
LESSON IN RESILIENCE
AND FAITH"



President's Message

Dear Readers,

We look back at every year not only in terms of achievements but also in terms of the many lessons we have learnt.

The fact that we began operations at our residential facility in Tauru makes us rather happy. That said, we also learnt several lessons.

We had originally planned to do all the construction in one go but realised this was not possible due to limited funds. So, we decided to build it in phases.

It was not easy to get vendors for smaller contracts and maintain quality but we kept at it. So yes, it has been a lot of planning and replanning.

It has been a long journey from raisings funds for the land to finally having built three homes giving us a capacity to look after eight persons. We are looking forward to building more as and when we get funds.

Besides building these homes, we also improved our services at Tauru. We've set up a meal plan, established an activity schedule, and put good housekeeping practice in place.

We have also gradually improved our infrastructure. Tv, coolers, solar back up, horticulture, internal road, road lighting, dedicated vehicles are some of the things we have worked on.

The beneficiaries come to Gurgaon centre for the day, have the same schedule as the children at Khushboo and also enjoy their companionship.

Going forward, we not only plan to have a wholesome schedule but also create more activities at Tauru.

One important event we started this year was Khushboo Special Sports Day, the first of its kind in the state.

The thought behind it, was to bring together several groups like- Individuals with special needs, parents and organisations working in this area.

The event became a meeting ground of sorts and we are only too happy about it. It was heart-warming to see special individuals compete in a host of sports and celebrate their achievements. Parents of these special individuals got a wonderful opportunity to interact and bond with each other. For different organisations working in this area, it was a brilliant opportunity to meet, share experiences and exchange notes. We truly look forward to hosting this event every year.

We are also happy to share we have added Art Therapy, this year. Also our focus is firm on increasing attendance of children.

These might seem like small steps but these have been important milestones for us. Every year is a lesson in resilience and faith.

Fundraising continues to be a high focus area. We can do only what our funds permit us. Till now we have been fortunate to get adequate support of our donors and we hope that they continue with their patronage.

So yes, we look back to the year with gratitude to our donors and a sense of satisfaction with what we have achieved and the lessons we have learnt.

Looking forward to more learning and growth.

ABOUT US

WHO WE ARE

Khushboo Welfare Society (Khushboo) was established on 13 November 1995 as a non profit organization under the Societies Act, 1860 to provide holistic care and multifarious services to people with mental and multiple disabilities.

Khushboo's Vision and Mission

OUR VISION

To have a society where the physically and mentally challenged lead a life of care, dignity and respect.

OUR MISSION

Help the physically and mentally challenged to become self reliant, realise their full potential and enhance their capabilities to the maximum possible.

WHAT WE DO

We work with special children, adolescents and grownups with special conditions such as:

- * Cerebral Palsy
- * Down's Syndrome
- * Autism
- * Mental Retardation
- * Slow Learners
- * Spastic



HOW WE DO IT

Our work encompasses three key areas:

- * Fostering self-reliance through life skills development and therapeutic programs.
- * Offering continuous, long-term care for these individuals.
- * Providing respite to parents by caring for their children during the day.

WHERE WE WORK

Our day care centre in Gurgaon and residential facility in Tauru offer a broad spectrum of services.

OUR METHODOLOGY

Each person approaching Khushboo for care is assessed extensively by our Diagnostics and Prescriptive team comprising of Khushboo staff and specialists from renowned hospitals.

Based on this assessment, therapeutic/development needs are identified and an Individual Development Plan (IDP) is created.



Executive Committee



Mr. Rakesh Jinsi
(President)

An Electrical Engineer, having graduated from Punjab Engineering College, Chandigarh (Punjab University) in 1977. He has over 47 years of work experience in the Automobile, Not for Profit and Education sectors.

For over 27 years he has held leadership positions with organizations such as Eicher, Hero Motors, Chase Manhattan, Force Motors, Tatra Trucks, New Holland Fiat Tractors, SOS Children's Villages and School of Inspired Leadership. He has been a member of National level bodies such as National Human Rights Commission and Voluntary Action Network of India (VANI), the Apex body of NGO sector and National Skill Development Corporation. His current professional engagements include management consulting (change management), Independent Director on Boards of a few companies & NGOs and Executive Coaching.



Mrs. Renu Maheshwari (Vice-President)

An active Social Worker, having worked in areas of Social Development and livelihood creation for families of workmen. She was the founder of a Welfare Organisation "Prerna" at Hoshiarpur (Punjab), that worked with housewives in the rural area, supporting trades such as needle work, etc.



Mr. Narendra Gera (General Secretary)

A Mechanical Engineer running his own manufacturing enterprise. He is an active Social Worker. He is also on the Board of DAV Senior Secondary School, Khandas Road, Gurgaon. He is one of the founder member of Khushboo and also parent of a special child.



An Entrepreneur in the Publishing Business, is a social worker and deeply concerned about the under privileged. He is also one of the founder member of Khushboo.

Mr. Pankaj Jain (Treasurer)



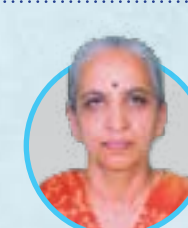
An Engineer having spent many years with M/S Maruti Suzuki. He is passionate about helping children with disabilities and is a parent of a special child.

Mr. Rajiv Gupta (EC Member)



A Post Graduate in Education, is a teacher by profession and deeply engaged with development of children.

Mrs. Reeta Rastogi
(Joint Secretary)



A Post Graduate in Education, is a grass root Social Worker and has been associated with Khushboo for many years.

Mrs. Usha Malik (EC Member)



Since her early days of life Nirmala has been contributing to various social causes in her own unique ways. Child care is an issue close to her heart which drives her to work for well being of the differently abled.

Mrs. Nirmala Singh (EC Member)



Dr. Premalatha Krishnan (Member), is an experienced pediatrician and adolescent health specialist and has been an integral part of KWS since its inception.

Dr. Premalatha Krishnan
(EC Member)



Khushboo Hosts First District-Level Special Sports Event

On November 13, 2024, we organised our first-ever district-level Special Sports event, in collaboration with Special Olympics Bharat, for children with intellectual and multiple disabilities. Held at DAV Senior Secondary Public School, the event brought together children from multiple schools and NGOs in a heart warming celebration of sportsmanship, inclusion, and empowerment.

This Special Sports Day exemplifies Khushboo's vision—to create spaces where children with disabilities can shine, participate fully in life, and realize their true potential.

A DAY OF INSPIRATION AND ACHIEVEMENT

The event was inaugurated by Shri Ravi Kumar, Project Director of ADC, and Shri Rakesh Jinsi, President of Khushboo, who launched the games with a spirited round



of Bocce. Their presence highlighted the importance of recognizing and nurturing the abilities and potential of children with special needs.

The day was filled with inspiring moments—most notably, a graceful dance performance by Khushboo's children that left the audience emotional and uplifted. A special highlight was Abhinav Chaudhary, recipient of the President of India's Award, whose performance reminded everyone of the boundless potential of children when given the right platform.

BUILDING CONFIDENCE THROUGH COMPETITION

Participants from organisations including VISHWAS, DAV Sector 10, Manav Seva Samiti, Cogniable, Muskaan Palam Vihar, and Khushboo competed enthusiastically in events such as:

- 100m, 50m, and 25m races
- Shot Put
- Softball Throws
- Bocce
- Team Runs



Beyond competition, the goal was to foster interaction, friendship, and self-confidence, and to offer children an opportunity to build social and athletic skills in a supportive environment.

PROMOTING INCLUSION

The overarching aim of the event was to celebrate diversity and inclusion. As Shri Rakesh Jinsi noted, "Such events play a pivotal role in building an inclusive society where every child is given the opportunity to thrive." The gathering offered children, parents, teachers, and community members a chance to connect and celebrate abilities beyond perceived limitations.





Infrastructure And Facilities

Daycare and Residential Care Centre

Our campus isn't just a physical space—it's a space of hope, progress, and possibility. Every beam and brick stands for our vision of an inclusive world where every child can thrive.

In our effort to make our children reach the goal of self-reliance, we also want them to enjoy their journey of learning. Our infrastructure and facilities are built and bought with this simple yet crucial thought in our minds.

Our infrastructure and facilities therefore, are a testimony to our commitment to providing the best to our children.

Haryana Government was kind enough to allot us 0.4 acres, land at a concessional rate from where Khushboo operates. Our campus has a 17,424 sq ft of built-

up area. The building has been designed with immense care and love to give easy accessibility and meet the needs of our special children. The building has the following:

- * Large airy and natural light lit rooms
- * Wheel chair friendly ramps.
- * Automatic sliding doors
- * Wide staircases with easy to hold side-railings.
- * Big, steel, water dispensers on each floor.
- * Disabled friendly toilets near classrooms.
- * Open area for sports and recreation activities.

At Khushboo, we believe there's always room to grow and that belief drives us to continually enhance our services. From introducing modern amenities and advanced machines to integrating the latest technologies and innovative teaching aids, we are committed to staying ahead.



OUR GOAL IS SIMPLE YET POWERFUL:

To make learning more effective, engaging, and joyful for every child.

Whether it's upgrading our classrooms, enhancing therapy tools, or adopting interactive learning methods, every step we take is rooted in our promise to provide the very best to the children in our care.

Because at Khushboo, progress isn't just about milestones—it's about making each moment of learning meaningful and fun.



Our present facilities are:

PHYSIOTHERAPY AND GYMNASIUM

This section comprises of:

- * Muscle stimulator
- * Trampoline
- * Therapeutic exercise balls
- * Balancing boards
- * Dumbbells
- * Weight cuffs
- * Parallel bars
- * Walkers
- * Rollators
- * Motorised and manual wheel chairs
- * Full-body vibrator (an extremely useful machine imported from Netherlands.)
- * Bench press for weights
- * Standing frame



OCCUPATIONAL THERAPY (OT) WITH MULTI SENSORY INTEGRATION ROOM

This facility comprises of:

- * Sensory integration room
- * Leg boards
- * Dart boards
- * Balance boards
- * Hip rotator
- * Hippo Chair
- * Overhead Sanding unit
- * Tread mill
- * Textures mats





COMPUTER LABORATORY

This facility is housed in a bright room and is equipped with:

- * Six computers
- * Special Mouse and key boards to meet the needs of the children.

AUDIOMETRY LABORATORY:

This state of the art facility with a sound proof room has:

- * IHS ABR System (BERA)
- * Audiometer
- * Oto acoustic emissions
- * Tympanometer
- * Video otoscope
- * Portable audiometer
- * Speech training software- Dr. Speech

SPECIAL TEACHING AIDS

- * Communication and Assistive Technology (CAT) Unit:
- * We take pride in having the first of its kind unit in India, in collaboration with Ash Field Academy, UK. This is an impactful intervention to provide transformative and learning experience to children suffering from learning disorders, cognitive dissonance and communication motor impairments and comprises of:

- * Interactive white boards
 - * Besides CAT, we have smart boards and other interactive teaching aids
 - * Special software for teaching
- This intervention is unique because of its transformative learning experience, which helps children to work on overcoming their communication and motor impairments.

TRANSPORT FACILITIES:

A total of six self-owned vehicles pick up the children from their homes and drop them back after the center closes for the day. All our drivers and attendants have been made aware of the home routes of each child. To ensure safety compliance, all our vehicles are equipped with:

- * Safety belts
- * CCTV
- * GPS tracker
- * AC
- * Side handles/ Boarding handles
- * An attendant in the bus throughout the journey



Residential Care Centre Growing From Strength To Strength

We're delighted to announce that Khushboo's Residential Care Centre for individuals with special needs has been successfully operational since October 2024. After months of hard work, planning, and dedication, we now have two houses up and running, offering a safe, nurturing, and supportive environment for our residents.



Each home is staffed by a committed team—including project coordinator, care givers, a cook, housekeeping personnel, and round-the-clock security—to ensure the high standard of care. Though the journey has brought its share of learning and adjustments, we are steadily building a space that our residents can proudly call home. This milestone marks a significant step forward in our commitment to long-term, inclusive care for individuals with special needs.

Key Activities, Events & Achievements



SPORTS ACHIEVEMENTS GALORE!

Our children shone in various state and national events:

- * **Muskaan Khel Utsav (Delhi):** An inter-organization sports event at the Thyagaraj Sports Complex hosted by Muskaan saw 12 of our children participate. We won 3 Gold, 1 Bronze, and top-five placements.
- * **Adaptive Athletics Championship (Gurgaon):** Hosted by Heritage Xperiential Learning School, this meet saw five of our children participate with great enthusiasm.
- * **North Zone Cricket Tournament (Chandigarh):** In a thrilling display of talent and sportsmanship, twelve children from Khushboo participated in the North Zone Cricket Tournament, organised by GRID at Chandigarh.

Their proactive participation highlighted their skills, resilience, and the power of sports as a tool for empowerment.

- * **Roller Skating Nationals (Ludhiana):** Our special child Alisha won two Silver Medals at this event organised by Special Olympics Bharat from March 29 to April 2, 2025.
- * **State Bocce Games (Khushboo Campus):** A total of 28 children competed with zeal and joy at the State Game Boccee organised by Special Olympics Bharat in collaboration with Hilton Hotels

CELEBRATING CREATIVITY

Colours of Concern by Concern India Foundation:

Concern India Foundation hosted "Colors of Concern," an inspiring art initiative for children with special needs at Khushboo. This event provided a unique opportunity for these children to discover their passion for colours and channel their creativity, expressing their thoughts and emotions through art.

* Art Therapy Introduced:

Art is now a part of therapy at Khushboo, promoting emotional and mental well-being. Students and teacher alike, welcomed the inclusion of Art Therapy in the Centre. Art Therapy is a form of psychotherapy that utilises the creative process of making art to improve and enhance mental, emotional and physical well-being.

* Rangoli Contest 2024:

Six of our children, participated in the Rangoli Contest 2024 organised by Very Special Art India, Vasant Kunj, New Delhi. While two of our children secured 1st position in Toran making, two children secured 2nd position in Rangoli competition and two children secured 2nd position in Hamper Decoration.



NEW BUSES ON BOARD!

Two new school buses were donated to Khushboo. These additions greatly improved our children's commute and access. These were given by:

- * SBI Securities (inaugurated by Mr. Deepak Lalla, MD & CEO).
- * Corporate Warranties (India) Pvt. Ltd. (inaugurated by Ms. Shruti, Director CSR).

CELEBRATIONS THAT UNITE

- * **Disability Awareness Week (Dec 1-6):** Khushboo marked Disability Week with a vibrant series of empowering activities that celebrated the talents and spirit of children with diverse disabilities. From energetic sports to soulful music and joyful dance, each event created moments of pride and connection. The celebrations were anchored in a two fold purpose: to empower children with special needs and to foster a more inclusive, aware community that embraces every child's unique potential. It was a week of music, sports, dance, and inclusion.
- * **Blue Bells School Visit:** A joyful performance during Disability Week added to the spirit of inclusion and collaboration.



The children of class 6 to 8 and their dance teachers from Blue Bells School brought energy and enthusiasm to celebrate the Disability Awareness Week. Through dance performance and shared laughter, they created an atmosphere of inclusion and joy, reinforcing the importance of community spirit.

* Republic Day:

Republic Day was celebrated in the Centre as per tradition with flag hosting by Mr. Vijay Pal, Director – Programs. Patriotism and national spirit were in the air with some wonderful cultural performances.

* Independence Day:

Independence Day was celebrated at Khushboo with Mr. Vijay Pal, (Director-Programs), hoisting the National Flag. The day also saw cultural performances.

* Teacher's Day

Teacher's Day was celebrated in the Centre on September 5. Children performed the role of teachers and sang various poems in their praise.

* Mother's Day:

Children engaged in creating heart-





warming expressions of love and gratitude for their mothers by crafting beautiful cards using ear buds printing techniques.

*** Red Day:**

Red Day festivities were held at the Centre to introduce children to the colour red. Children participated in various red-themed activities, including painting with shades of red, crafting with materials in shades of red, and donning vibrant red

*** Night Camp:**

An overnight experience was organised by Khushboo in which 10 children participated. The aim of organising the camp was to provide inclusive and supportive environment that promotes fun, independence, confidence, social skills and personal growth.

HEALTH & WELL-BEING

- * **Medical Camp:**
19 children saw Neurologist Dr. Puja Kapoor, and 12 consulted with Orthopaedic Dr. Sanjay Sarup.
- * **Workshop on Puberty:**
Led by Psychologist Ms. Sarita Punia, the session helped families understand this critical life phase. The workshop was useful to educate the participants to understand the puberty journey of adolescent boys and girls as physical, emotional and psychological changes affect the family and peer's relationship.
- * **Motor Skill Development Workshop:**
Conducted by Dr. Himanshu Joshi, the session provided educators and parents with tools for better physical engagement.

PARENT & COMMUNITY ENGAGEMENT

- * **Regular Parent-Teacher Meetings:** Ensured consistent feedback, progress tracking, and strong partnerships for holistic development.



GOVERNANCE & REVIEW

- * **Executive Committee Meetings:** The committee met to review activities conducted in each quarter to review the activities and program, finances for accountability and monitoring
- * **Annual General Meeting:** Reviewed the 2024-25 operational and financial performance, reaffirming our commitment to accountability.

LOOKING AHEAD

As we step into a new year, Khushboo remains dedicated to creating a more inclusive world—one where every child is seen, supported, and celebrated.

Thank you to our supporters, parents, volunteers, and partners who make all this possible. Together, we're building a future where special ability is the only label that matters.

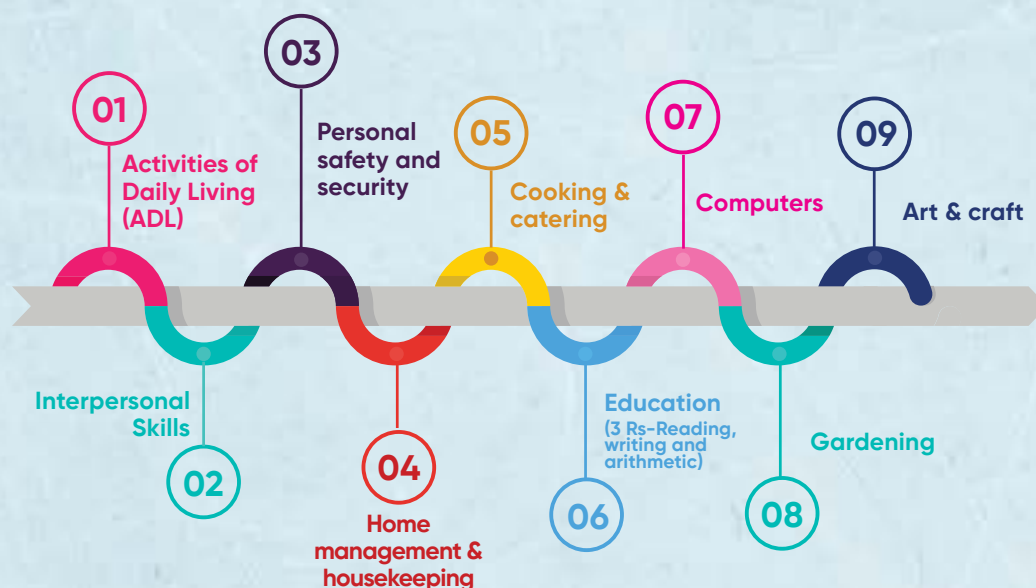


PROGRAMMES

At Khushboo, our core focus is to enhance the quality of life of children with intellectual and multiple disabilities. Our two flagship programmes—**Life Skills Development and Therapeutic Services**—form the backbone of our work, nurturing confidence, independence, and inclusion.

Activities which come naturally to most individuals pose huge challenges for special children. These include the following:

Life Skills Development (LSD)



We understand and recognise this and constantly make an effort to equip the special children who come to us, to teach them skills which enable them to handle personal needs on their own. Some of these are:

1. ACTIVITIES OF DAILY LIVING (ADL):

Children are taught to do the following routine activities on their own.

- * Eating
- * Bathing
- * Dressing
- * Toileting
- * Personal care and hygiene
- * Getting in and out of bed or chair easily (transferring)
- * Controlling bladder and bowel movements (maintaining continence)
- * Unbuttoning clothes
- * Filling water can
- * Washing clothes
- * Identifying toilets of their gender
- * Managing time etc.

2. INTERPERSONAL SKILLS:

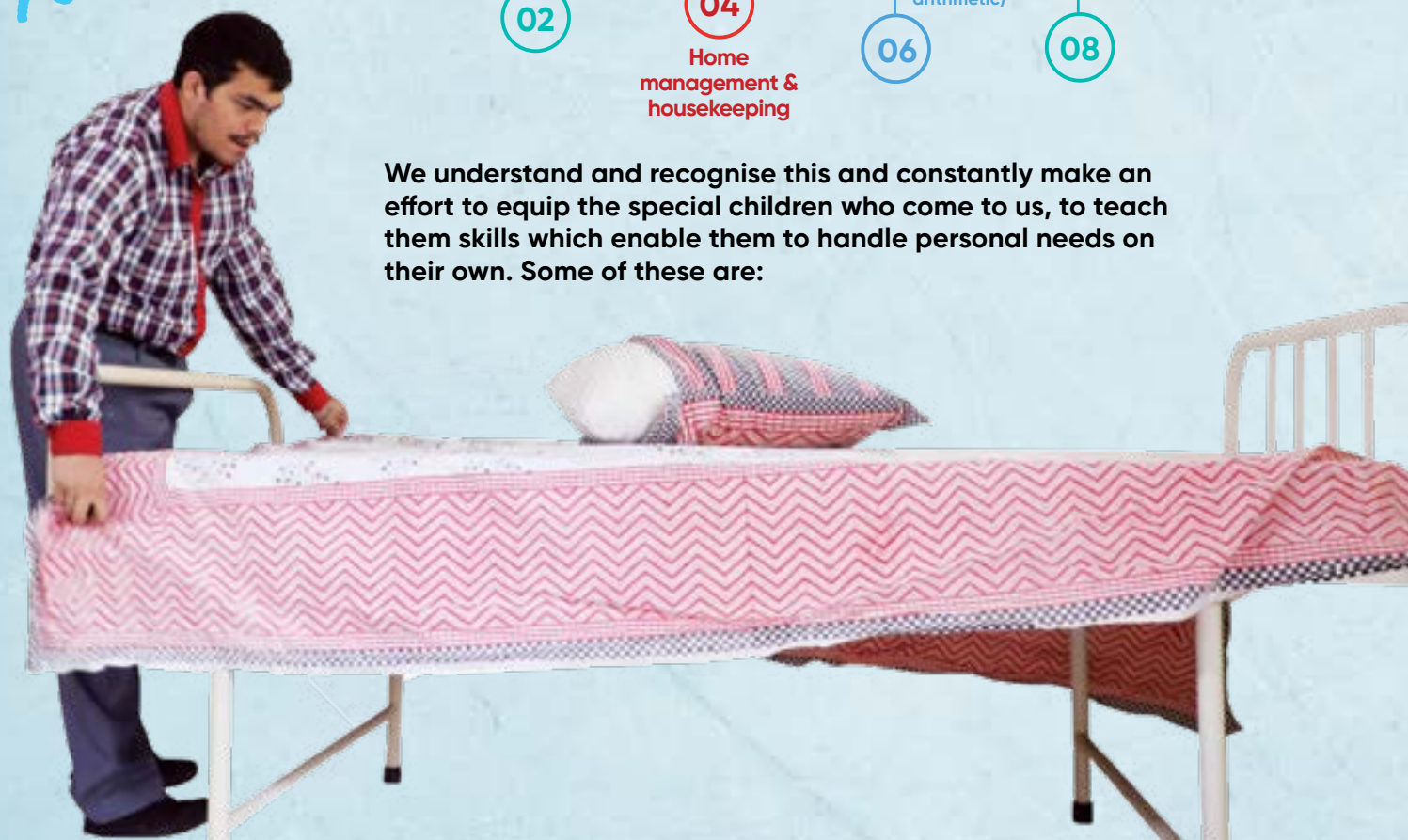
Interpersonal skills are a must for operating in the society. At Khushboo, we look at helping our children to develop their social skills so that they can do the following:

- * Ask for assistance
- * Make new friends
- * Communicate clearly to have their needs addressed
- * Hold conversations with friends and family
- * Give their opinions

3. Personal Safety and Security:

Personal safety and security for every child has become a concern. This concern becomes a much bigger one, for special children. At Khushboo we aim to equip our children to teach the following crucial aspects of personal safety and security:

- * Understand the kinds of risks they may face
- * How to avoid tricky/unsafe situations
- * Awareness on personal safety
- * Sense of right conduct
- * Deterring unwelcomed behaviour
- * Difference between good and bad touch
- * Safety precautions from fire, or sharp instruments such as knives or scissors



4. Home Management and Housekeeping:

Being independent is a survival skill needed to maneuver this world with confidence. It is the same story for special children. Performing household tasks not only helps these children build their abilities to work on their own but also assist their families.

This skill in turn, besides building interpersonal relationships also helps children gain self-worth and respect from their families. Amongst other skills, our children learn:

- * Cleaning
- * Dusting
- * Setting a table
- * Bed making
- * Ironing
- * Settling cupboard



- * Folding clothes
- * Money management (Familiarisation with notes and coins and doing transactions while shopping)

5. Cooking and Catering:

Special individuals with slightly better learning abilities are taught these skills to not just make them independent and confident but also lend a helping hand to their families.

6. Education

Khushboo ensures that our children learn basic academics according to their level of learning ability. The idea is also to make learning fun while teaching them the following:

- * Colouring
- * Painting
- * Drawing
- * Crafting waste material into useful products



7. Computers

Technology is a much-needed skill in today's day and age and it is no different for our learners. The hand eye coordination, use of motor skills, all are a great help in their further learning. Our computer lab has dedicated computers and special mouses to help our children learn better.

8. Gardening

Nature is a life force that heals and builds. When we teach our children gardening, we know, not only will it help our children develop a hobby and assist with better movements but add to their sense of well-being.

9. Art & Craft

A favourite with most children. This one helps them at various levels. It gives a creative outlet to them besides of course helping with motor skills, hand eye coordination and amazing confidence.



Therapeutic Services



Many children under our care come with serious medical afflictions. Our therapeutic services, therefore, form the core of our work. Following interventions are carried out by us in our therapeutic services:

1. PHYSIOTHERAPY:

Physiotherapy is proven to go a long way in helping children with their movements and help develop weak muscles. Based on the individual development needs of each individual, the well qualified physiotherapists at Khushboo plan a physiotherapy schedule for every child. The therapists work closely with each child and also assess the need for aids – such as standers, wheel chairs, or any other orthotic devices. The various interventions aim to:

- * Strengthen and recuperate weak muscles through weight bearing exercises
- * Enhance leg muscle capacity with standing programs
- * Enable mobility with programs such as walking and the wheel chair use
- * Identify and meet orthopedic needs
- * Help the child and family to become familiar with the required equipment



- * Conduct group sessions with other professionals.
- * Advise supplementary home activities to caregivers after training them.
- * Hold quarterly meetings with parents

Assist the child reach his/her developmental milestones that requires gross motor skills, like sitting, crawling, standing, walking, jumping, kicking ball, etc.

Facilitate to achieve the desired goals through manual therapy, frame standing, standing bars, tilt table, parallel bar training, balance training, muscle stimulator etc.

2. OCCUPATIONAL THERAPY WITH MULTI-SENSORY INTEGRATION:

Developing skills that are a must for daily living is the main objective of this intervention. Designed to improve basic motor functions and reasoning skills, the program helps prevent permanent loss of functions. The intervention uses methods such as multi-sensory stimulation and integration to:

- * Help eat properly through oral-motor exercises
- * Teach new activities through imitation techniques
- * Improve tactile sense through touch therapy sessions
- * Tone up body balance through exercises like jumping, climbing stairs etc.
- * Improve motor skills by picking and releasing small objects
- * Improve concentration & attention through clear commands
- * Cutting of flowers for improving hand- eye coordination



3. HEARING & SPEECH THERAPY:

Expressing ourselves is a basic human need. However, it may not come very easy to everyone. We recognize and address that. This intervention helps in improving speech of our special children and their ability to understand and express, including non verbal cues. Our therapists work to:

- * Test hearing ability of children
- * Assess the problems and provide treatment
- * Identify difficulties in articulation, fluency, resonance, or language disorders
- * Demonstrate the right sounding words and practice with children to follow the same using computer/ tablet
- * Ensure proper mouth coordination to produce sounds to form words and sentences
- * Help with voice volume regulation
- * Address language disorders to help children express their thoughts
- * Use of written, pictorial, body and sign forms to help children develop their understanding
- * Practice on computers and iPads with special software applications to develop children's speech

4. PSYCHIATRY AND COUNSELLING

We recognise that counselling can go a long way in helping parents and children deal with the challenges that come with being differently abled. Children and parents are both counselled. This counseling, in time, helps with good family bonding. And good bonding plays a very important role in a child's rehabilitative progress. This intervention helps address the fears and needs for both, the child and the parents. Since the parents and the children struggle with challenges in everyday living, acquiring new skills also leads to improvement in the quality of the life of children as well as the parents.

- * The process of counselling involves:
- * Understanding every child's uniqueness, identifying their strengths and their struggles
- * Developing a partnership between the teachers and the parents to bring desired changes in the child
- * Facilitating learning of new skills and trying new behaviours

5. POTTERY:

It is difficult to imagine what simple clay can do. And yet we, like many others dealing with special children, have seen the wonderful benefits of the simple yet effective pottery wheel. This unique therapeutic intervention has an amazing effect of children. Not only does it help to settle and calm the children, but also manages to help with their attention span and focus. Besides this, using one's hands on clay while the potter's wheel moves, also enhances a child's sensory development and motor skills.

A pottery expert visits Khushboo to guide our children in the art of making diyas, pots, pen holders, and other clay items. Seeing their creations, fills our and our children's hearts with joy and confidence.

6. YOGA

Where conventional treatment methods might hit a roadblock, Yoga has shown remarkable results time and again. Children with Down's Syndrome and other development disability often surprise their families and teachers with quick mastery of basic motor, communication, and cognitive skills through practice of Yoga.

Regular Yoga leads to a greater concentration, balance, and composure in daily living. In the long run, it helps with relaxation and softening of inner tensions, body – mind equilibrium, and a feeling of positivity to help tide even the most difficult days. And this is exactly why Yoga is an important part of our curriculum.

At Khushboo we ensure children practice Yoga asanas (postures), pranayam (breathing exercises) and listen to meditative music – using phonetics for healing for an hour each day. A Yoga teacher oversees the session and conducts different asanas beneficial for each individual case. After the session, children clean their Yoga mats and keep them neatly rolled for the next class.

7. PERFORMING AND EXPRESSIVE ARTS:

Dancing and singing have been an integral part of human evolution. Music and movements have time and again shown that they are not just a great way to bond but also have brilliant health benefits. For our children, dance and music are a fun way to encourage muscle movements and greater joint mobility. This dancing and singing not only helps improve muscle tone, spatial awareness, and kinesthetic sensation, but also facilitates social skills. The endorphin boost only adds to the feel good feeling.

These activities are specially tailored to meet individual needs, capabilities, and have the highest level of participation- so much that children eagerly look forward to these sessions.

8. SPORTS:

A program aimed at "Learn while playing" introduced with the help of an expert has become a hit with the children and staff. The programme enables children to learn things like following instructions, waiting for their turn, develop alternate solutions etc.

This has helped enhance the confidence level of the children. What is more, children with better skills are provided with special coaching to participate in competitive sports. Some of our children have done us proud by winning prizes at National and International level competitions.

9. ART THERAPY

Khushboo introduced Art Therapy this year and it is proving to be a source of great joy for our learners.

Art therapy can be a transformative tool in supporting the emotional well-being and overall development of children with special needs.

Through creative expression, children can process and release complex feelings in a safe, supportive environment. This not only helps reduce anxiety, frustration, or aggression but also fosters emotional awareness and self-understanding. It is a gentle yet effective way to build communication, confidence, and connection.





From Challenges to Triumphs: A Story of Strength and Progress



As the 11-year-old walks out excitedly from her class, smiling from ear to ear, her mother can't help but smile back, an even wider smile. Bhavya will be 11 this August and her mother Vinita couldn't be happier. For this year has been another milestone in the number of things she has begun doing.

"She is gripping, she is colouring, she communicates more clearly through actions, and what is more, she won a silver medal in race. I can't put it in words how happy and proud I feel of my girl," smiles Vinita Sharma.

For a child who was born with a hole in her heart and saw developmental delays, life has been throwing several challenges but the Sharma family stuck together to ensure they work together as unit to support Bhavya. And the biggest blessing in this journey, says Vinita, has been Khushboo's support.

"We were really struggling with regular schools and when we finally found out about Khushboo from a neighbour, we decided it was time to get her admission done here and this has been the single most important decision of our life.

We have seen steady progress. Be in terms of her social behaviour, her potty training or her rapidly improving skills. She mostly uses sign language but learnt to say ma, papa and Didi. Khushboo has been the biggest blessing in our daughter's life. This place for me is not less than heaven," says an emotional Vinita.

Vinita still remembers the joy she felt when she realised, she was pregnant for the second time. "My elder daughter, Riddhi, was about five and we were so looking forward to another baby."

While her in laws were hoping for a boy, Vinita and her husband were sure all they wanted was a healthy baby. So, when the nurse didn't say anything for a bit after the baby's birth Vinita was a little nervous. It was only later she realised they were probably scared of revealing the child's gender especially because the Sharma's already had a daughter.

Vinita felt a sense of relief to know the child looked healthy. However, her joy was short-lived. Bhavya developed jaundice they next day after her birth and had to be moved to an incubator. Vinita still remembers the fateful night as she slept in her room. "I dreamt Bhavya was next to me in her crib and it suddenly starting shaking, I woke up startled, only to see a nurse walk in seconds later to tell me, Bhavya 's skin was turning bluish. We rushed her to Apollo hospital nearby and she had several tests done. While I was sent back home, because I needed rest too, her father continued to be constantly in touch with the doctors.

Bhavya returned home after five days. She was a weak child and I attributed most delays in her milestones, to that, "recalls Vinita.

It was only accidentally one day when she took five -month-old Bhavya to the doctor herself because of a bad cold, that the doctor presuming, Vinita knew everything about her own child, inquired if she had brought the reports along. It was during the course of this conversation that Vinita found out that she was not aware of the problems her child had and would have in the future.

Her husband, Devender Sharma had chosen not to share the details about Bhavya's health condition because he wasn't sure if his wife was physically and mentally ready to deal with the blow.

"At first, I didn't know what hit me. I froze initially and then broke down", she recalls. Slowly and gradually however she wrapped her head around the situation and what they had to brace themselves for, as parents.

They began taking Bhavya for voice therapy and also got her operated when she was six -years-old, for her heart condition.

"It has been a challenging journey but we are so incredibly proud of how our daughter deals with everything with a smile," says Devender Sharma, Bhavya's father who has been a steady support throughout the journey.

Bhavya, he shares has been showing steady improvement since she moved to Khushboo and is a delight to be around.

"She helps her mother with small things, plays with her elder sister, is very expressive with her hand gestures. She simply picks up my bike keys when she wants to go for a bike ride. When I ask her for directions, from say, the school to home, she guides me with her hands", he smiles proudly.

For Vinita, one of the proudest moments was when Bhavya won a silver medal at 25 metres race in two competitions. "When she won





her medal, I also posted it on my WhatsApp status. For anyone who told me, what will your daughter do, she can't do anything on her own, that status update was my reply. With Khushboo's support, Bhavya, has proven how much she can achieve."

And it is not just parents who are proud of her steady improvement.

Ask special educator and Bhavya's class teacher, Suman Saini who says, "Bhavya has shown tremendous improvement in social interaction, colouring and grouping. She recognises the number one and also tries to speak a few words. Besides this, she enjoys aerobics, does lovely hand movements on poems and is also very good at sports. It is great to see her doing well at her functional assessment checklist, she scored 33 per cent in November 2022 and 69 per cent in 2025. That is very good progress."

Another big area of improvement has been her potty training. Bhavya's mother Vinita shares how much this area had been a concern for her. We changed three schools

for Bhavya before we moved to Khushboo. And since she is quiet happy type of a child, regular school were ok admitting her however she would inevitably soil her clothes several times even if she has relieved herself at home.

It was only when they joined Khushboo that Vinita learnt through counselling that Bhavya would do this out of sheer trauma response. "I didn't even know something like this existed. At Khushboo it is not just the child but also the parents who receive tremendous support. In a month of being in Khushboo, Bhavya got potty trained. It was such a relief for her and us."

Suman Saini shares how they established a schedule for her that slowly eased Bhavya. It is no surprise that Bhavya loves coming to Khushboo.

Bhavya's elder sister, Riddhi who is very protective of her younger sister and loves her immensely says, she will ensure that she earns enough money to take Bhavya to US to speech therapy and actually have a conversation with her sister. Till then she will speak to her in her language of gestures and smiles.



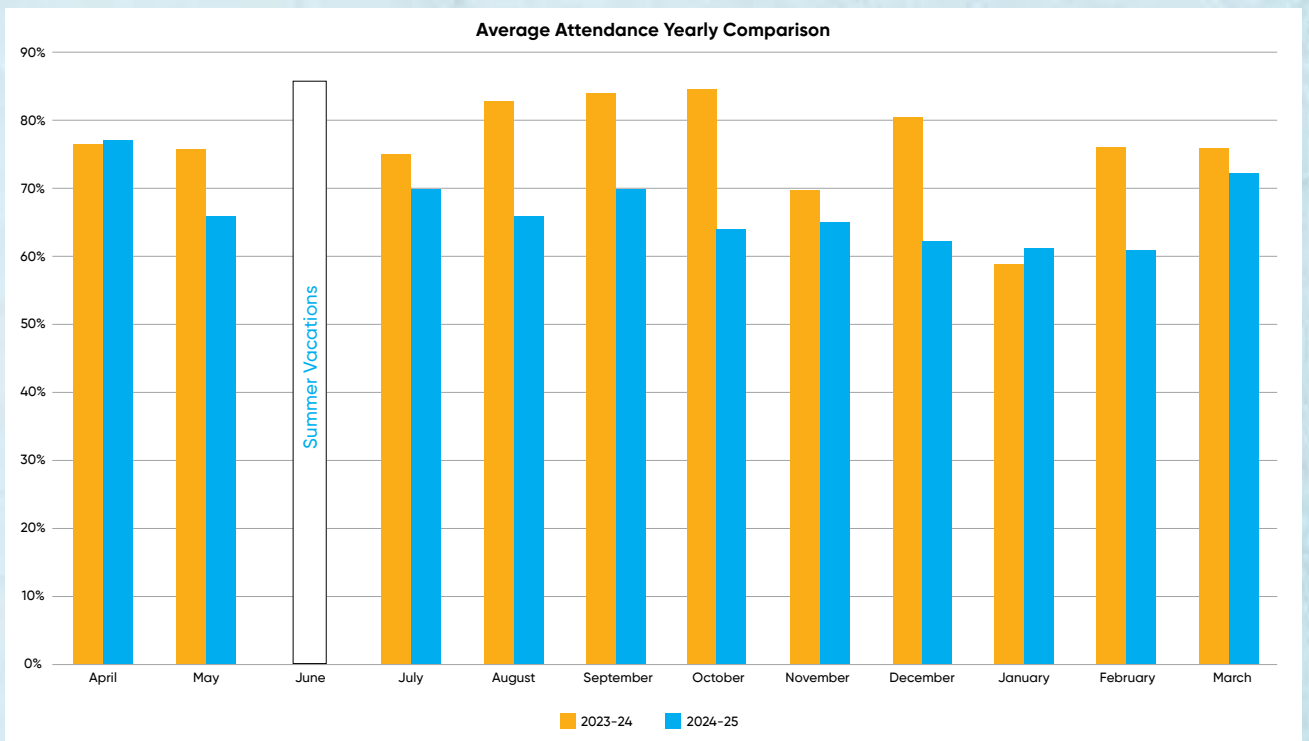
Operations Overview

Beneficiaries

The status of beneficiaries is as follows:

PROJECTS	01 st APRIL, 2024	31 ST MARCH, 2025
REGULAR	105	98
OPD	08	06

During this period 29 children left and 20 new children joined us.



Therapeutic Services

ACTIVITY	CHILDREN	NO. OF SESSIONS Apr' 24 to Mar'25
Physiotherapy	41	4172
Occupational Therapy	38	3026
Speech Therapy	20	243
Counselling for children	Children -31	243
Counselling for parents	Parents - 07	87

Human Resources

April 1st, 2024	March 31st, 2025
41	43

Males: 22 Females: 21

During the year 2024-25

1. New Employees: 05
2. Employees Left: 03

Khushboo Welfare Society
 Plot No. 2, Sector 10 A Gurgaon
 Balance Sheet as on 31-03-2025

	Particulars	Note	As at March 31, 2025 (In Rs.)	As at March 31, 2024 (In Rs.)
I.	SOURCES OF FUNDS			
1	Funds	3	75,869,074	75,261,774
	(a) General Funds			
2	Non Current Liabilities			
	(a) Long-term borrowings			
	(b) Other long-term liabilities			
	(c) Long-Term Provisions			
3	Current Liabilities			
	(a) Trade Payables	4	76,380	68,812
	(b) Other current liabilities	5	1,413,217	680,318
	(c) Short Term Provisions			
			77,358,671	76,010,904
II.	APPLICATION OF FUNDS			
1	Non Current Assets			
	(a) Property, Plant and Equipment and Intangible Assets	6	66,210,338	66,074,867
	i) Tangible Assets			
	ii) Intangible Assets			
	(b) Long term loans and advances	7	50,000	50,000
	(c) Non Current Investment	8	2,483,349	2,957,733
2	Current assets			
	(a) Cash and Bank balances	9	7,308,281	4,673,552
	(b) Short Term Loans & Advance	10	1,055,916	-
	(c) Other Current Assets	11	250,788	254,753
			77,358,671	76,010,904

Summary of Significant Accounting Policies and other Explanatory information : Note 1 to 18

As per our report of even date
 For Jagdish Chand & Co.
 Chartered Accountants
 ICAI Firm Reg. No. 000129N


 Ravi Goel
 Partner
 M. No. 078748

Place: New Delhi
 Date: 13/08/2025

For KHUSHBOO WELFARE SOCIETY

President

Treasurer



Khushboo Welfare Society
 Plot No. 2, Sector 10 A Gurgaon
 Income and Expenditure Account for the year ended 31 March 2025

	Particulars	Note	For year ended March 31, 2025	For year ended March 31, 2024
	INCOME			
I.	Donations and Grant received	12	16,084,727.44	15,404,686.87
II.	Other Incomes	13	3,393,275.50	3,967,902.79
III.	Total Income (I+II)		19,478,002.94	19,372,589.66
IV.	Expenses:			
	Employee Benefit Expense	14	10,752,610.48	10,130,701.27
	Transportation Expense	15	1,162,823.00	1,034,137.00
	Depreciation & Amortization Expenses	6	5,151,557.96	4,886,033.00
	Other Expenses	16	1,803,710.77	1,380,314.54
	Total expenses		18,870,702.21	17,431,185.81
V.	Surplus / (Deficit) for the year (III-IV)		607,300.73	1,941,403.85
VI.	Tax expense:			
	(1) Current income tax		-	-
	(3) Deferred Tax		-	-
	Total Tax expenses		-	-
VII.	Surplus / (Deficit) after tax		607,300.73	1,941,403.85

Summary of Significant Accounting Policies and other Explanatory information : Note 1 to 18

As per our report of even date
 For Jagdish Chand & Co.
 Chartered Accountants
 ICAI Firm Reg. No. 000129N


 Ravi Goel
 Partner
 M. No. 078748

Place: New Delhi
 Date: 13/08/2025

For KHUSHBOO WELFARE SOCIETY

President

Treasurer





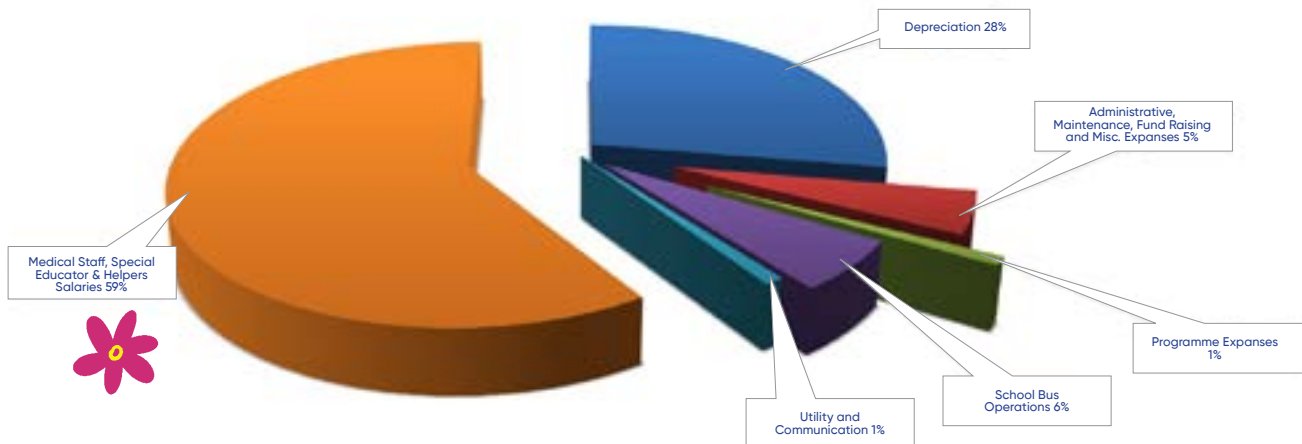
Governance & Compliance

Distribution of Employees According to remuneration levels

	NAME	DESIGNATION	ANNUAL REMUNERATION
Highest Paid Person in the organization	Vijay Pal	Director	13,14,456
Lowest Paid Person in the Organization	Santra Devi	Helper	1,31,604
Gross monthly remuneration plus benefits (Rs.)	MALE	FEMALE	TOTAL
<4,000 – 15,000	08	10	18
<15,000 – 30,000	11	06	17
>30,000	04	04	08
No. of Executive Committee (Governing Board) members receiving remuneration	NONE		
Expenditure on Foreign Travel incurred by Executive Committee members, Employees or Volunteers	NIL		
No. of Executive Committee (Governing Board) members receiving remuneration	19,582/-		
No. of the Executive Committee members related to each other	NIL		

Khushboo Welfare Society Plot No. 2, Sector 10 A Gurgaon Receipts & Payments Account for the year ended 31st March, 2025		
RECEIPTS	Year Ended 31st March 2025	Year Ended 31st March 2024
Opening Balance	1,503.05	2,080,561.00
Cash-in-Hand	1,928,629.85	3,152.72
Cash at Bank		
INCOME		
Donations, Grants, Membership Fees	16,084,727.44	15,404,686.87
Interest Income	223,484.00	200,650.00
Other Income	3,169,791.50	3,767,252.79
Sale of Mutual Fund	650,000.15	3,708,058.63
Increase in Trade Payable	7,568.00	-
Increase in Expenses Payable	748,600.48	-
Increase in Statutory Liabilities	-	22,192.00
Decrease in Short Term Loans and Advances	-	18,552.00
Proceeds from Sale of Fixed Assets	585,000.00	-
Net Receipts	23,399,304.47	25,205,106.01
PAYMENTS		
Expenses		
Transportation Expenses	1,162,823.00	1,034,137.00
Employee Benefit Expenses	10,752,610.48	10,130,701.27
Other Expenses	1,803,710.77	1,380,313.32
FDRs	189,548.00	142,051.00
Inrease in Short Term Loans and Advances & Other Assets	1,051,951.04	-
Fixed Assets Purchased	3,872,029.00	9,194,212.00
Profit from Sale of Mutual Funds	175,616.50	687,569.79
Decrease in Sundry Creditors	-	497,639.00
Decrease in Expenses Payable	-	208,349.73
Decrease in Statutory Liabilities	15,702.00	-
Closing Balance		
Cash-in-Hand	5,775.05	1,503.05
Cash at Bank	4,369,538.63	1,928,629.85
TOTAL	23,399,304.47	25,205,106.03

Expenditure Distribution For The Year 2024-25



Donors Message

My search for a genuine NGO & honest usage of the donated money ended when i saw that Mr jinsi was associated with khushboo.

His association gave me the confidence that deserving children will benefit & no pilferage will happen which is the reason of my association.

Sanjiv Bakhshi, 
Director, Snapsis Global Advisory



Donors Message

SBICAP Securities Limited
Maharaja Chhatrapati Shivaji Maharaj
Building, 27th Floor, Khushboo, Mumbai
Mumbai, Maharashtra 400019



Message from **Deepak Kumar Lalla,**
MD & CEO, SBICAP Securities Limited

At SBICAP Securities Limited, we believe that our most valuable investments are not just in markets or assets, but in people – the future of our society. Our commitment to nurturing this future drives us to support causes that empower and uplift those who need it the most.

It is with great pride and a deep sense of shared purpose that we have had the honour of supporting the Khushboo Welfare Society in their inspiring mission to improve the lives of children with special needs. These children are not only the future – they are the heartbeat of a more inclusive and compassionate world. By ensuring they have the opportunities and resources they deserve, we help create a society where every individual can reach their full potential, regardless of the challenges they face.

As part of this commitment, SBICAP Securities has extended support by contributing towards specially designed 75+ Unscater bus for the foundation. This bus is more than just a means of transportation; it's a bridge to opportunity. It will ensure that children with special needs can travel safely and comfortably, to access education, healthcare, and vital community services. With this small yet significant act, we aim to remove one of the barriers that might otherwise hold them back, giving them the freedom to explore the world and achieve their dreams.

This initiative also aligns with our shared responsibility to protect our planet. The bus has been designed to meet strict pollution control standards, allowing us to contribute to a greener, more sustainable future for all.

Every act of kindness, every effort to create opportunity, is an investment in a better tomorrow. By partnering with organisations like Khushboo Welfare Society, we are working together to ensure that every child, no matter their abilities, has the chance to thrive.

We commend Khushboo Welfare Society for their endless dedication to these children. Together, we are shaping a future where inclusivity, compassion, and opportunity are not just ideals, but realities.

Best Wishes,



Deepak Kumar Lalla
Managing Director & CEO
SBICAP Securities Limited



Corporate Office: Mumbai-400019, Maharashtra
Branch Office: Khushboo, Mumbai-400019
Phone: 022-27777777, 022-27777778, 022-27777779
Email: info@sbicap.co.in, sales@sbicap.co.in

Website: www.sbicap.co.in

www.sbicap.co.in

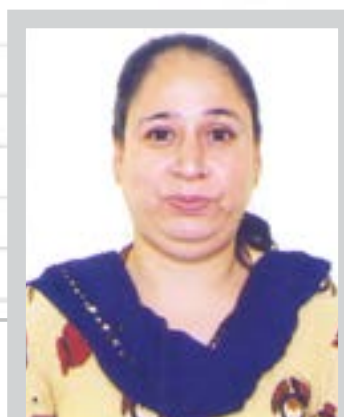


Voice of Parents

We have found a lot of change in our child, earlier our child was not able to engage in other activities. He was not able to take care of himself, not able to take medicine on time. We had to take care of him but as he joined the school, he is able to take care of himself only because of the helpful staff. He is able to take medicine on time. They are helping my child so much.

Now, He is so happy and engaged himself in other household activities, and also manages to keep himself neat. Thank you so much to the staff.

Yours faithfully,
Seema
(Mukul's Mother)



Voice of Parents

मेरा बेटा यश काफी वर्षों से KWS में आ रहा है। वो एक CEBRAL POLIO बच्चा है। वो जब भी स्कूल जाता है तो उसके चहरे पर हमेशा Smile होती है और वो खुरा होकर स्कूल जाता है। तथा स्कूल से उसे खेले की training तथा शारीरिक व्यायाम कराया जाता है जिससे ऐसे बच्चों को थोड़ा फर्क पड़ता है। वो स्कूल की बस में काफी खुरा रहता है क्योंकि उसे घूमना बहुत पसंद है। वो अपनी अध्यापिकाओं से काफी खुरा रहता है। स्कूल की प्रिन्सिपल (विजय सर) हम सभी माता-पिता को सरकार की तरफ से योजनाओं के बारे में अवगत करवाते हैं। मेरे बेटे (यश अरोड़ा) को इस विद्यालय से काफी फायदा मिला है।

धन्यवाद
विवेक अरोड़ा
यश का पिता



List of Members of Khushboo

NAME	DESIGNATION	TYPE OF MEMBER
Rakesh Jinsi	President	Founder Member
Renu Maheswari	Vice-President	Ordinary Member
Reeta Rastogi	Joint Secretary	Ordinary Member
Narender Gera	Secretary	Founder Member
Pankaj Jain	Treasurer	Founder Member
Ms. Usha Malik	Executive committee Member	Ordinary Member
Rajeev Gupta	Executive committee Member	Ordinary Member
Mrs. Nirmala Singh	Executive committee Member	Ordinary Member
Dr. Premalatha Krishnan	Executive committee Member	Ordinary Member
Meena Jinsi	Founder Member	Founder Member
Dr. Subhash Raina	Founder Member	Founder Member
Manu Jain	Founder Member	Founder Member
Nalini Raina	Founder Member	Founder Member
Ajay Suri	Ordinary Member	Ordinary Member
Asha Awasthi	Ordinary Member	Ordinary Member
Deepa Avashia	Ordinary Member	Ordinary Member
Karuna Gera	Ordinary Member	Ordinary Member
Mala Tandon	Ordinary Member	Ordinary Member
Prem Gupta	Ordinary Member	Ordinary Member
Renu Jain	Ordinary Member	Ordinary Member
Sameer Savakoor	Ordinary Member	Ordinary Member
Seema Gulati	Ordinary Member	Ordinary Member
Sunila Page	Ordinary Member	Ordinary Member
Kulbir Singh Malik	Ordinary Member	Ordinary Member
Hima Goyal	Ordinary Member	Ordinary Member
Nirmala Singh	Ordinary Member	Ordinary Member
Gautam Jain	Ordinary Member	Ordinary Member
Seema Krishnan	Ordinary Member	Ordinary Member
Chandrika Malik	Ordinary Member	Ordinary Member
Sumit Malik	Ordinary Member	Ordinary Member
Mamta Savkur	Ordinary Member	Ordinary Member
Sadhna Srivastava	Ordinary Member	Ordinary Member
Sonal Malhotra	Ordinary Member	Ordinary Member
Yamini Maheshwari Sapra	Ordinary Member	Ordinary Member



Volunteers



My internship at Khushboo Welfare Society has been a truly transformative experience. I read somewhere that Small steps in the right direction can become the biggest milestones. At Khushboo, I witnessed this truth in action. In a world where people with disabilities are often seen as a burden, Khushboo stands as a beacon of hope, empowering them to rise above limitations. Here, disabilities are not seen as barriers but as challenges to be overcome with patience, love, and unwavering support. I saw children achieve milestones that others may take for granted—each one a testament to the tireless efforts of the dedicated team, compassionate caregivers, and determined families.

I am extremely grateful for this opportunity and extend my heartfelt thanks to the entire team for their unwavering support, compassion, and inspiration.




Shobhita Gulati
 School of Business Management,
 NMIMS, Mumbai,




Tulika
 School of Business Management,
 NMIMS, Mumbai,

Working with Khushboo was indeed a great learning opportunity where I developed technical skills as well understood the importance of helping children with intellectual disability, who are often neglected by our society. However khushboo has bolstered inclusivity to another level high. My contribution was towards fundraising which included tapping of potential corporate sponsors and preparation of pitch decks. Furthermore lead and awareness campaign to promote Khushboo's contribution and enhance admission rate.

We as a society definitely need an institution like khushboo to enable and empower children with intellectual disability.

Staff Speak

While work in private clinics brought in way more money, it didn't bring what he has now, "immense work satisfaction and the joy of giving back to the ones most in need".

For occupational therapist Mr Lalit Kumar, who joined Khushboo in 2021, the years have taught him a lot more than he might have given to the organisation, he says.

Born and brought up in a Punjabi family with a firm emphasis on giving back to the society, having seen both his parents do a lot of seva in the Gurudwara, it was as early as class 12 that the young Lalit Kumar has decided to be an occupational therapist.

Being a curious and naughty child by nature, he often liked to see how machines and equipment worked. And like most young children he was confused about a clear career path. "I wanted to be an engineer and sometimes, I thought I would want to do IAS, sometimes a teacher. But it was finally in class 12 that his path became clear. And even though it would have been the simplest to join his father's electronics business, his interest in allied health services made him opt for Occupational therapy.

After his graduation in Occupational Therapy and a post graduate degree he worked in the private sector for three years.

"While the work kept me busy and I enjoyed it, I felt there was a sense of satisfaction that I missed. So, when I heard of Khushboo and joined it, something in me felt very reassured," he smiles.

Four years on, he has helped many special individuals gain confidence and become more independent. Years ago, Mr Kumar had been introduced to the Bhagwat Geeta and the bit on nishkaam karm (doing one's duty without expectation) struck a chord with him.

Somehow working at Khushboo and helping individuals especially the several from very humble backgrounds gives him a sense of satisfaction that is difficult to put in words, says Mr Kumar.

What also makes the work at Khushboo more rewarding, he says is how the director and president support him.



Mr. Lalit Kumar
Occupational Therapist

**"MY WORK MAKES ME FEEL
LIKE I AM DOING MY KARMA"**

"I was asked to give wish list of equipment and I am very happy to say the organisation is very proactive in providing all the support we need for the children. I have also received two trainings on at Khushboo and always encouraged to learn more," he shares. Also having been a curious child himself, Mr. Kumar encourages when children are curious about the equipment and things around them in therapy. To see the children progress he says, is most gratifying. "It is like planting seeds and seeing them slowly grow when you nurture them with care. I consider my work like my responsibility and it is my responsibility towards the community and society to serve it to the best of my ability."

More power to you, Dr Kumar!

Donation Options

CHILD SPONSORSHIP

- * Full Sponsorship of a child: @1,50,000/- INR per year
- * Sponsor a Child's Life Skill Development Activities: @ 5,720/- per month or 68,641/- per annum
- * Sponsor a Child's Therapeutic Services: @ Rs 4,118/- INR per month or @ 49,416/- INR per annum
- * Sponsor a Child's Transportation: @ 2,682/- INR per month or @ 32,187/- INR per annum

GENERAL DONATION

- * Make a donation of any amount

All donations are eligible for tax deduction under 80G of IT Act.



Bank details of Khushboo Welfare Society

NAME & ADDRESS BENEFICIARY:

**Khushboo Welfare Society, Sector 10A,
Near Lions Public School, Gurgaon**

ACCOUNT NO:

520401000129759

TYPE: A/C:

SB

NAME & ADDRESS OF BANK BRANCH:

**Union Bank of India, Sector 10A, Gurgaon
Branch, Gurgaon 122001**

MICR No.: 1100261491

IFSC Code for RTGS / NEFT: UBIN0572934

Major Donors





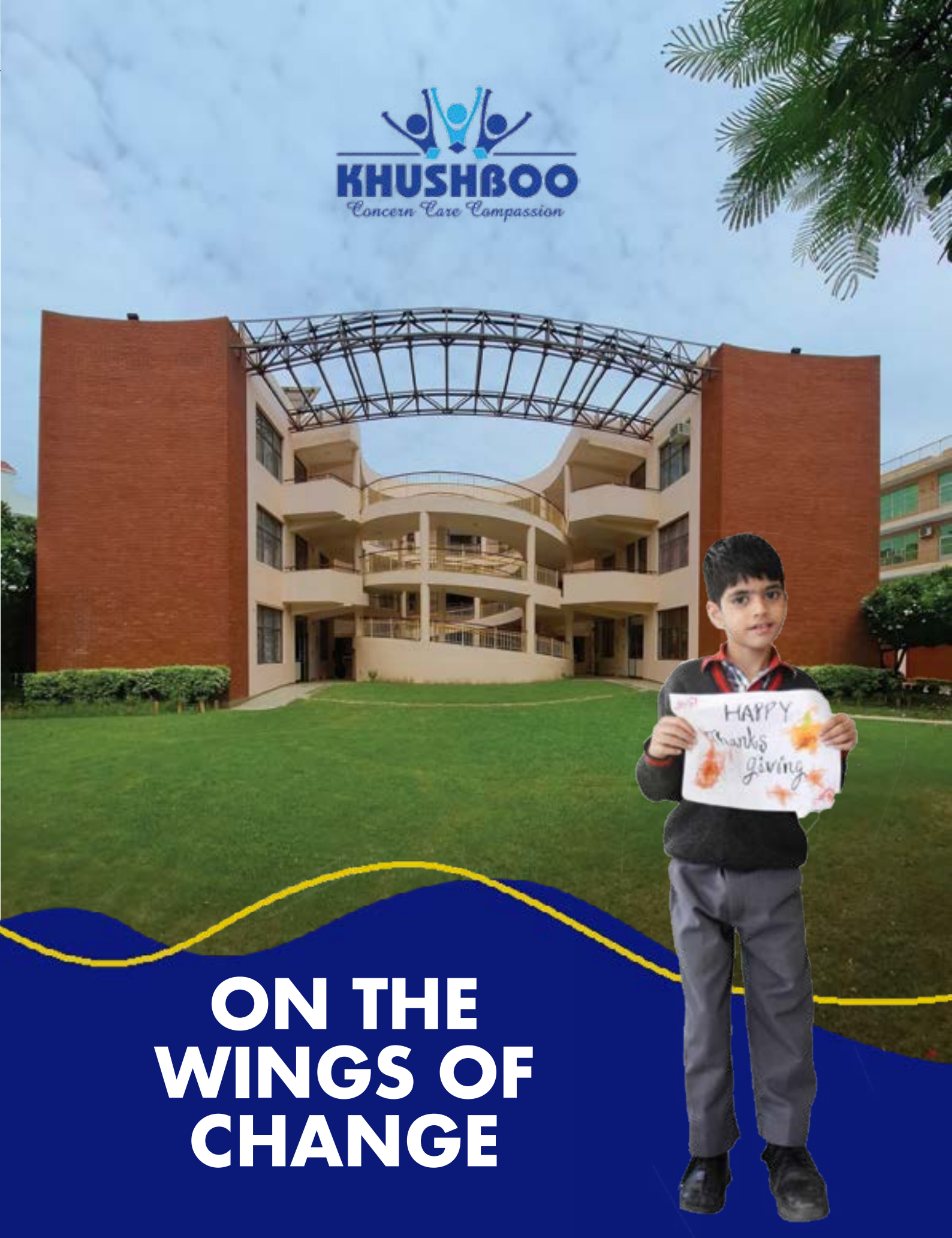












ON THE WINGS OF CHANGE



ANNUAL REPORT 2024-25



**Khushboo Welfare Society | Plot no-2, Sector-10A,
Near Lions Public School, Gurugram, Haryana – 122001, India**

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Email | Khushboowelfaresociety@kwsindia.org**